

Flower of Life

The Flower of Life clears and balances the body, mind and heart. It reflects perfection and harmony, records and shows the unification of all creation and is the keeper of the Akashic records. It assists in connecting you to your higher self and traveling through your divine line. This disk assists in meditation.

Essence:

Cleanse
Beauty
Creativity
Balance
Harmony
Unification
Connection

Healing Process:

Imagine the Flower of Life is glowing within your crown. Allow it to expand in all directions. Moving up, down, right and left. Everything it touches is turned to grace, beauty and harmony. Stay here as long as you like and be in this peaceful place. When you are ready say, "The perfect harmony of beauty is awake within me and all around me. I am filled with golden light of unconditional love and and creative power."

Manifestation Process:

Each Flower of Life contains repetitive patterns, interlacing and inter-relating to the other like the holograph that contains the whole within each part. When we tap into one part, one element, one thought that pertains to our desires and dreams, the creative outcome begins to manifest and integrate into your life. It is important to choose your desires wisely.

Focus on the Flower of life and your desire and dreams. Allow the flower to begin to spin and create your hearts desire. Say outloud, "Flower of Life, now spinning and creating with the power of universe vast and whole. My desires and dreams manifest into form with unconditional love. Uniting the body of earth and skies the circle energy grows and increases through this speaking."

Meditation:

Focus on the Flower of Life, breathe deeply. Connect to your divine line on the front of your spine. Ask that your body connects to his/her divine line. Ask that all aspects of you that have a divine line connect to their divine lines. Anchor firmly into your own light. Connect to the Soul Star above your head and ask your body to connect to his/her Earth star. The Flower of Life now descends into your divine lines moving up and down turning counter clockwise and clockwise. Then it begins to floss each and every chakra front and back. Allow it to continue until you feel refreshed, revitalized and balanced.

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